

Clinical Dietician



Someone who studies how food affects people's bodies and what people should eat to stay healthy.

Lesson: Science and Sports



Nutrition Plan



A plan of meals, snacks and drinks a person should consume each day.

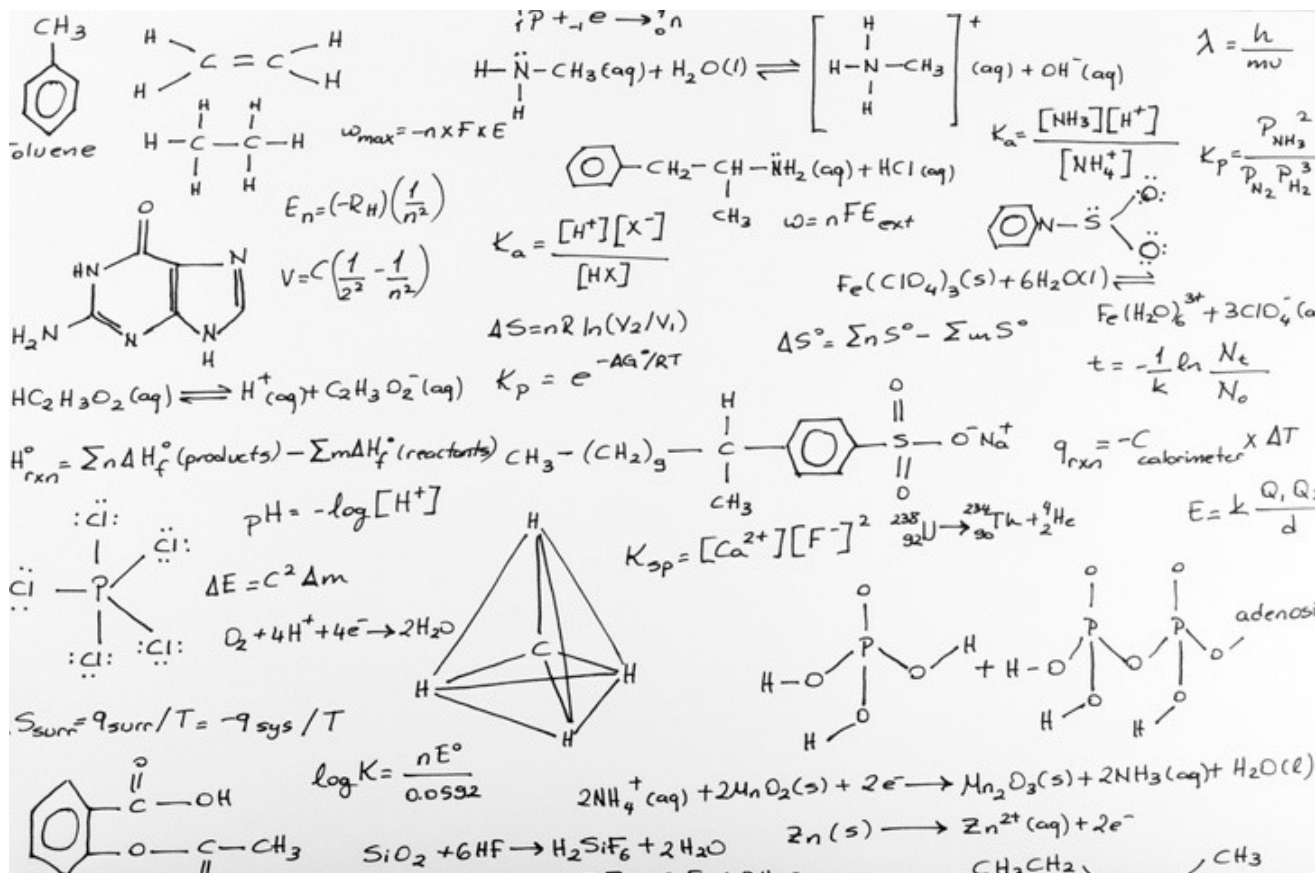
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Nutritional Label



List of ingredients and nutritional content required by the FDA on packaged food.

Chemical Composition



Arrangement, identity and ratio of chemical elements that make up a particular compound.